



RECOMMENDED COOKBOOKS FOR PREPARING NOURISHING FOOD

BOOK

Practical Paleo

Against All Grain

Meals Made Simple

Celebrations

Primal Cravings

Paleo Comfort Foods

Primal Blueprint Cookbook

Nourishing Traditions

Paleo Cooking from Elana's Pantry

Well Fed

Paleo Slow Cooker Cookbook

The Paleo Approach: Reverse Autoimmune Disease

Nom Nom Paleo

The Paleo Kitchen: Finding Primal Joy in Modern Cooking

AUTHOR

Diane Sanfilippo

Danielle Walker

Danielle Walker

Danielle Walker

Megan McCullough Neatly

Brandon Keatley

Julie & Charles Mayfield

Mark Sisson

Sally Fallon

Elana Amsterdam

Melissa Joulwan

Martha Drummond

Sarah Ballantyne

Michelle Tam

Julie Bauer and George Bryant